



Whole Person Healthcare [Three Volumes] (Hardcover)

Ilene Ava Serlin (Editor)

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Editorial Reviews

Review

"Whole Person Healthcare is a glimpse into the future of healing. It is a magnificent effort, bringing together authorities who have made landmark contributions in fashioning a form of healthcare that honors all we are--body, mind, spirit. These volumes demand our attention, because no other approach to healing deserves to be called scientific or humane." - Larry Dossey, M.D. author of *The Extraordinary Healing Power of Ordinary Things*

"This three-volume set is a complete and useful guide to empowering the learner to provide whole person care. The authors and editors have done an excellent job taking an often "gray" subject and applying expertise to make it useful and practical. The work will help us prepare for the health care of the future, which will be whole person and healing oriented." - David Rakel, M.D. Director, UW Integrative Medicine University of Wisconsin Medical School.

"This ground-breaking collection edited by Ilene Serlin brings to full realization a remarkable new phase in the reunion of mind, body, and spirit." - Alan Combs author of *The Radiance of Being*

"These volumes provide a thoughtful and comprehensive overview of what we now know about the ways our thoughts and feelings, the world we live in, and the way we approach it, can contribute to the progression of the illnesses that beset us. Its distinguished contributors also show us how we can use music, art, dance and, even more important, the creative power of our imagination and the blessings of spirituality, to improve our health and enhance our lives." - James S. Gordon, M.D. Chair, White House Commission on Complementary and Alternative Medicine Policy (WHCCAMP) Director, The Center for Mind-Body Medicine.

"The development of a Whole Person approach to Healthcare was one of the cornerstones of my Presidency of the American Psychological Association. I think that treating the whole person is at once the best way to both improve the quality of and access to healthcare, and to lower its cost. Whole Person Healthcare will foster a collaborative approach to healthcare. It will be an important tool, providing a summary of rigorous research, clinical case examples and a Tool Kit to promote interdisciplinary collaboration. It should be read by health students and professionals." - Ronald F. Levant, Ed.D., A.B.P.P. Dean & Professor of Psychology, University of Akron 2005 President, American Psychological Association

Book Description

With healthcare services becoming more specialized, fractured, and costly, consumers are demanding more integrative, effective treatments that address the physical, spiritual, and psychological aspects of illness and health. This "whole person" approach to healthcare is increasingly being offered by healthcare professionals and in facilities nationwide. In this unique set of books, experts from across the country, at the forefront in their fields, explain how, how extensively, and why healthcare is changing to incorporate complementary practices, from yoga, meditation and QiGong, to art, music, and dance therapy. Breaking research on this growing field is featured, as are observations by healthcare professionals who say the new approaches are not only helping patients heal, but also helping professionals rediscover their ancient roles as healers of body, mind, and spirit. Examples of training templates, funded programs, and treatment protocols are included. Each of the focused, practical chapters offers a Tool Kit for Change, summarizing major treatment points from a particular perspective. Prevention and lifestyle are addressed, as are cures. Introduced by two giants in the field of medicine, David Spiegel, M.D., of Stanford University, and Dean Ornish, M.D., at the University of California, these volumes show how Western and non-Western healing practices are being integrated with modern Western medicine and psychology. Each chapter includes a summary of major treatment points from a particular perspective. Healthcare professionals and students of medicine, psychology, psychiatry, and nursing will find these a particularly valuable resource. This set is a comprehensive and powerful tool for mind/body/spirit transformation in relation to healthcare